



March

2010

March is National Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... <u>Offered Daily</u> Homemade Cheese, Veggie, or Pepperoni Pizza Freshly made Deli Sandwiches Specialty Sandwiches Salad Bar Hamburgers Cheeseburgers Chicken Patties Hot Dogs Veggie Burgers Entrée Salads Side Salads & Veggies Baked Starz Potatoes Sweet Potato Fries French Fries Fresh & Cupped Fruit Bread Basket and Assorted Milk Snack Bar Please contact the Foodservice Director Sarah Bridges @ 908-709-2012 if you have any questions
1 Mozzarella and veggie Panini Chicken Parmesan Sub Sandwich	2 Beef Tacos w/ hard or soft shell Chicken Fajitas Taco Salad Veggie Pizza	3 Calzones, choice of meat or cheese w/ sauce Sausage & Pepper Sub	4 <u>Brunch for Lunch</u> Scrambled Eggs Hash Browns & French Toast Sticks Chicken Italiano	5 Beef Gyro on a Pita Chicken Caesar Salad Pizza	
8 Mac & Cheese General Tso Chicken w/ rice & broccoli	9 Beef & Cheese Nachos Chicken Fajitas Taco Salad Margarita Pizza	10 Chicken and veggie Lo Mein Hot Italian Sub	11 Baked BBQ Chicken w/ cornbread Meatball	12 Philly Cheese Steak Cubano Style Panini	
15 Single Session Today No Lunches	16 Beef Tacos w/ hard or soft shell <u>Culinary Class Selection for lunch today</u>	17 Open Face Corn Beef Rubeen Turkey Dinner w/ roll	18 Spaghetti w/meat sauce & breadstick <u>Culinary Class Selection for lunch today</u>	19 Pulled Pork Sandwich <u>Culinary Class Selection for lunch today</u>	
22 Chicken Nuggets w/ dipping sauce Meatball Parmesan	23 Beef & Cheese Nachos Chicken Fajitas Taco Salad White Cheese Pizza	24 Calzones, choice of meat or cheese w/ sauce Sausage & Pepper Sub	25 Breaded Chicken w/ roll Chicken or Veggie Quesadilla	26 Beef Gyro on a Pita Chicken Caesar Salad Pizza	
29 Spring Recess	30 Spring Recess	31 Spring Recess	Assorted Milk offered Daily: 1% Chocolate 1% White 2% White Skim	Our menu meets the requirements of the National School Lunch Program for meals and snacks	

Cranford High School Menu

Lunch \$2.50



Special News...

Batter Fish & Chips will be available on Fridays

Menus are subject to change without notice.

